

Tryout FAQs

Is there an age limit for players attending tryouts?

All girls who tryout must be 12 years of age or younger on Jan. 1 2024.

Are players invited to tryouts?

No, any player can attend the tryout.

How do players register for tryouts?

All registration must be done online on our website. Once the player is registered, they are confirmed for the tryout.

How much does a tryout cost?

There is no cost to tryout.

How and when do I get information about the tryout?

All registered players will receive a reminder email starting one week prior to the tryout. Emails will be sent to the address used for registration. Add gahannaladyions12U@gmail.com to your contacts so our emails don't go to spam/junk.

What if I can't make those dates?

Contact the coaches at gahannaladyions12U@gmail.com to discuss scheduling a private workout.

Do I have to go to both days of the tryout?

It is highly encouraged. If you cannot, discuss with the coaches.

What happens at tryouts?

Girls will check in at the registration table, we will certify their age by looking at their birth certificate, and then warm up with another player. The first day will consist of individual skills and interviews. Skills include hitting, bunting, throwing, catching the ball, fielding the ball, and running the bases. Pitchers and catchers will stay after and perform additional skills related to those positions. The second day will be a scrimmage-type setting to see the player's in-game decision-making and how she handles pressure.

How are players selected from a tryout?

Players are selected based on their overall evaluation.

What is the roster size for the team?

Typically 11-12 players, but we may only roster 10 players for the 2024 team.

How many pitchers and catchers per team?

Ideally, we want three pitchers and three catchers. Ideally, we have pitchers and catchers as strong players at another position.

How does the offer process work?

Beginning with the first tryout session, coaches will evaluate player performance and may choose to begin making an offer even during the tryout. Most often offers are provided at the end of a tryout session in person, or within 48 hours by phone. When an offer is extended, we ask the athlete to accept. If she does, she's part of the 12U family.

What is the cost?

We expect the team fee to be about \$850. Upon selection we require a non-refundable payment of \$425 to secure a spot on the team. We have to buy two sets of uniforms, helmets, bags, tournament fees, and pay for winter gym rentals. All other costs come from sponsorships and fundraising.

Are players required to attend practices on a regular basis?

Yes. Players should be at all practices and offseason training, unless an in-season sport they play takes priority or school, health or family issues arise.

Are there Fundraising Opportunities?

Yes! We have done a number of fundraising opportunities where players have earned hundreds and even thousands towards the team. In 2023, our fundraising and sponsorship garnered close to \$9000, which allowed the girls to receive three months of private instruction, custom-tailored CrossFit training, and many off-field activities. Fundraising includes football squares, gift basket raffles, and restaurant days.

How many Tournaments do you play?

We plan to play in two fall tournaments in Ohio. In 2024 we will play in 5-7 tournaments. In 2023 the farthest we drove was Cincinnati; in 2024 we may stay flexible and enter out-of-state tournaments based on what makes sense for the team's age, goals and competition level. Tournaments are planned for the upcoming summer by the end of January. By principle we try to have at least 1 weekend off in June and July so families can enjoy the Ohio summer!

How do you handle playing time?

Playing time is not guaranteed and it is decided by the head coach based on the staff's strategy for developing players while winning games. Our goal is to be as competitive as we can be while

understanding that developing all of the players on your roster makes you more competitive. We bat the roster in league games and in pool play and each player plays some on defense. In bracket play, the coaches are asked to play their best line up of 9 or 9 with a Flex defensive player. It may be the case that some players do not play in one or all bracket games in a tournament.